

FOOD POLICY

Nut Aware

For the safety of campers and staff with life-threatening food allergies, foods containing any type of peanut/nut and peanut/nut by-products, are not permitted at camp. Campers are not allowed to share any food with fellow campers. Please stress the importance of this with your child in advance. Counsellors **DO** eat with campers and actively supervise lunch and snack times to help reinforce this important policy.

Please **DO NOT** send food to camp that may contain Peanuts or Tree Nut Products.

Please read ingredient labels before you send food and sunscreen to camp as many foods and personal care products contain traces of nuts and peanut products

Please keep in mind that the emergency treatment of anaphylactic allergies involves the immediate injection of medication with an epinephrine auto injector (Epipen®) and a trip to the hospital. Your help in following the steps listed above will ensure that we are all working together to provide a safe environment for everyone.