



## MEN'S MEET RETREAT SCHEDULE

	FRIDAY	SATURDAY	SUNDAY
		Rise & Shine	
8:30 am - 9:30 am		Breakfast in the Dining Hall	The Cleanse (9 am - 9:45 am)
10 am - 12 noon		Reflection with Marcus (10-11am)	Yogurt and other "healthy" food
		Lets Get to Know Each Other!!!! Initiatives & Team-Building Activities	Worship (10 - 11 am)
12:30 pm - 2 pm		Lunch in the Dining Hall	Packing Up
2 pm - 6:30 pm		Free-Time	It's Time to Say Good-Bye
6:30 pm - 8:00 pm	Get Settled	Dinner in the Dining Hall	
8-8:30pm	Orientation in Dining Hall	Free-Time	
9 pm - 11 pm	Movie & Conversation with Marcus Appetizers, Wine and Beer Sauna will be stoked and ready	Sauna will be stoked and ready	