**Potato Day Instructions!**

*Complete this activity with adult supervision.*

1. Preheat oven to 400 F
2. Cut potatoes up into bite sized pieces
3. Experiment with spices! Once your potatoes are coating in spices and you're satisfied with them, lay them out evenly on a baking tray.
4. Cook for 40 minutes and check their tenderness. Stick a toothpick in them to test this.

Plan a meal around these potatoes:

Find a protein and a vegetable to go with the potatoes

* Marinated chicken, pork, beef
* Seasoned tofu or chickpeas
* Seasoned carrots, asparagus, corn, beans, peas