**Poverty Activity**

In Ontario, the average household makes about $1417, but many families make far less than that. About 10% of families in Ontario live in poverty, meaning they do not make enough money to get to all necessary goods and services like food, prescription drugs, dental and vision care, clothing and other items.

Take a minute to find a grocery flyer in your house

In Ontario, the average family spends $214 on groceries in one week, meaning that there is about $30 for each day to provide food for every member of the household at each meal. But that is overall. Many people have much less than this

Go through the flyer and trying to spend only $30, circle the items you could buy that would feed your family at each mean today

* Can you do it for $20?
* How about $10?
* $5?

The reality is, many people must live this way because they may have lost their job, or their job might only pay them minimum wage. In Ontario, minimum wage is $14.00. If someone worked 8 hours a day, for 5 days of the week, they would make $560 a week.

Remember, the average family spends over $200 on groceries alone in a week. To buy food, pay rent and have money set aside for emergencies can become very difficult.

Notice what items are least expensive in this flyer. Are they healthy?