



CILT 2021 Packing List - Pandemic Style

Please Bring (and be sure to label everything!)

- Clothes (enough for 14 days and 13 nights)
 - Appropriate for all weather – we love the outdoors!
- Masks (enough for 2/day)
 - Medical masks are single-use and should not be worn two days in a row
 - If packing non-medical/cloth masks:
 - Enough for 2/day for 7 days
 - You will have the opportunity to wash your masks part way through (we have a designated area for mask washing)
- Sleeping Bag and Pillow (consider extra blanket for end of August or cooler forecast)
- Pajamas (for sleeping and dress up activities)
- Water Bottle (or two!)
- Hat
- Rain jacket
- A positive attitude!
- Bathing Suit(s) (make sure it's functional!)
- Towels (2)
- Sunscreen and Bug spray
- Toothbrush and Toothpaste
- Shampoo/Conditioner, soap
- At least two pairs of shoes (one pair suitable for games and being active)
- Flashlight and/or Headlamp (Plus extra batteries to last 2 weeks! No electricity where CILTs sleep.)
- Watch and Alarm Clock (no cell phones)
- Bag for Dirty laundry
- Backpack/day pack (to carry water bottle, mask, hand sanitizer, personal belongings)
- **Any prescribed or regularly taken medication (pack separately and give to the medic upon arrival)**

Optional, but *highly* encouraged:

- Small, individual hand sanitizer (you can refill this from the camp supply)
- A single fitted sheet to cover mattress
- A travel mug (= more warm bebies & hotter warm bebies)
- Container or paper bag to store masks safely when not being worn
- Books, sketch books, cards, craft/hobby supplies
- Digital or disposable camera (no cell phone)

DO NOT Bring:

- Electronics or cell phones
- Food (unless for specific dietary purposes – talk to the medic about this)
- Drugs or Alcohol