

## WNMC RETREAT SCHEDULE

	FRIDAY	SATURDAY	SUNDAY
7:30am to 8am		Rise & Shine, Yoga, Skiing	Rise & Shine, Yoga, Skiing
8:30am to 9:30am		Breakfast	Breakfast
9:30am-10am		Team Building	Team Building
10am to 11am		Morning Outdoor Activities	Worship
11am to 12pm			Pack Up
12pm - 1pm		Lunch	Lunch
1pm to 4pm			Afternoon Outdoor Activities
4pm-- 6pm	Get Settled	Dining Hall Activities	
6pm - 7pm	Light Supper	Supper	
7pm - 8pm	Campfire	Campfire	
After Eight	Sauna, Dining Hall Open	Sauna, Dining Hall Open	
	Play games! Have a chat!	Singing Together (hymns & songs)	

### Morning Outdoor Activities

- snowshoeing (snowshoes available)
- broom ball (equipment available)
- nature walk

### Afternoon Outdoor Activities

- snow ball adventures! (if there's enough snow!)
- pizza oven cooking adventures!
- off-site skiing (bring skis! Watch the forecast to see if there's enough snow)

### Dining Hall Activities

- Crafts
- Games
- Life-size Dutch Blitz
- Conversation Circle

